

### Managing Migraines: Symptoms and Treatment

Migraine is the third most prevalent neurological disease with one billion people affected worldwide. Migraine prevalence peaks between the ages of 18 to 44. Women experience migraine three times more frequently than men do. Other high risk populations include patients with history of depression, anxiety, or sleep disorders, and those with a family history of migraine.

Migraine has a significant cost impact on our society. Patients are visiting the emergency room at a rate of 1.2 million visits per year. In 2015, the medical cost of treating chronic migraine was more than \$5.4 billion, however these sufferers

spent over \$41 billion on treating their entire range of conditions. Ninety percent of migraine patients report being unable to work or function normally during a migraine. This results in a significant loss of productivity, including 157 million lost workdays and an estimated \$36 billion deficit each year.

**In the United States,  
39 million people,  
approximately 12% of the  
population, is affected.**

The symptoms of migraine can be disabling for many patients. It typically presents as a throbbing recurring pain,

on one side of the head. Other common symptoms are photophobia, phonophobia, nausea, vomiting, and aura. Aura can be visual, sensory, speech, language, brainstem, motor, or retinal and occurs in approximately 25% of cases. Migraine presentation can be unique. Some patients report their symptoms are the same with each migraine while others report their symptoms change from one migraine to the next or change gradually over time.

Mainstays of migraine treatment include preventive treatment options with medications such as antiepileptic drugs, triptans, beta-blockers, antidepressants, or botulinumtoxin and acute

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DRUG	DRUG CLASS	DOSE	THERAPEUTIC CATEGORY
Aimovig (erenumab)	CGRP	70 mg or 140 mg SubQ monthly	Preventive
Ajovy (fremanezumab)	CGRP	225 mg SubQ monthly or 675 mg SubQ q3 months	Preventive
Emgality (galcanezumab)	CGRP	240 mg SubQ loading dose followed by 120mg SubQ monthly	Preventive
Vyepti (eptinezumab)	CGRP	100 mg or 300 mg IV q3 months	Preventive
Reyvow (lasmiditan)	Serotonin 5HT1F receptor agonist	50 mg, 100 mg, or 200 mg PO single dose (max 1 dose/ 24 hours)	Acute
Ubrelvy (ubrogepant)	CGRP	50 mg or 100 mg single dose. May repeat dose once after 2 hours (max 200 mg/ 24 hours)	Acute
Nurtec ODT (rimegepant)	CGRP	75 mg single dose (max 75 mg/ 24 hours)	Acute Preventive

## Managing Migraines (*continued*)

treatment with medications such as NSAIDs, triptans, caffeine combination products, and ergotamine derivatives.

Since 2018, the FDA has approved seven new medications for migraine treatment, with more likely on the horizon. Most of these medications are from a new class of medications called the calcitonin gene-related peptide inhibitors (CGRP). The CGRPs enact their mechanism by binding to either the CGRP ligand or the CGRP receptor itself in order to block CGRP from reaching the receptor. CGRP is a peptide with potent vasodilation properties. It is released during a migraine headache. CGRP plays a role in nociceptive transmission and expression of head pain and other symptoms during a migraine. Blocking its reception can prevent or decrease many of the associated symptoms.

The first CGRP approved was Aimovig (erenumab). Aimovig is FDA approved for migraine prevention. It was followed by three more CGRPs for migraine prevention: Ajovy(fremanezumab), Emgality (galcanezumab), and Vyepti (eptinezumab). Starting in 2019, the FDA also approved three new medications for acute migraine treatment. Revvow (lasmiditan) is a 5HT1F receptor agonist. Ubrelvy (ubrogepant) is a CGRP receptor agonist for acute migraine treatment.

Nurtec ODT (rimegepant) is unique in that it is currently the only CGRP that is approved for both acute and preventive migraine treatment.

The American Headache Society published guidelines to help practitioners integrate new migraine treatments into practice. These guidelines recommend reserving the newer migraine treatment options for those patients who have failed or are unable to tolerate more classic treatments. Because of this and because of budget impact, the new migraine medications are restricted on many formularies. The Maryland Medicaid Pharmacy Preferred Drug List includes Ajovy and Emgality as preferred medications. All of the new medications, including the preferred agents, have clinical criteria and quantity limits.

### References:

- <https://migraineresearchfoundation.org/about-migraine/migraine-facts/>
- Digre KB, et al. "The American Headache Society Position Statement on Integrating New Migraine Treatments Into Clinical Practice." Headache, vol. 59, no. 1. Issue, Jan 2019, p. 1-18. <https://doi.org/10.1111/head.13456>
- Spindler BL, et al. "Medications Approved for Preventing Migraine Headaches." Am J of Med, vol. 133, Issue 6, Jun 2020, p. 664-667. <https://doi.org/10.1016/j.amjmed.2020.01.031>

## SUPPORT Act Mandates

The Substance Use Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities Act (SUPPORT Act) established updated requirements for all programs that participate in the Medicaid program regarding drug utilization review (DUR). Effective October 1, 2019, all programs implement:

- Opioid prescription claims review at Point-of-Sale (POS)
- Retrospective reviews of opioid claims
- Management and monitoring of antipsychotic medications in children
- Identification of processes to detect fraud and abuse
- Mandatory DUR reporting

For the claims review process, pharmacists will continue to receive safety edits to identify therapeutic duplications, early refills, quantity limits and concurrent utilizers of opioids and benzodiazepines and opioids and antipsychotics.



<https://covidlink.maryland.gov>

The "GoVAX" campaign encourages all Marylanders to protect themselves, their families, and their communities by getting vaccinated as soon as they become eligible.

New in 2021, prior authorization will be required for any prescription greater than 7 days for an opioid naïve patient (no opioids taken in the previous 90 days) and for opioid experiences patients with prescriptions for long-acting opioids, fentanyl products, methadone for pain or any opioid prescription >90 MME/day. Each program must also have a retrospective review process to identify these claims. Monitoring and management of antipsychotics in children must occur and be reported annually. A process must be in place to identify fraud and abuse of opioids by providers, pharmacies and participants. Each organization that participates in the Medicaid program must have a DUR Board and report the above activities annually.

The full regulation can be found at: Opioid Legislation  
<https://www.congress.gov/115/bills/hr6/BILLS-115hr6enr.pdf>

## Pharmacy Provider Resources

- COVID-19 Vaccine Payer Sheet under Payer Specific Information: Maryland Pharmacy Programs  
<https://mdrxprograms.com>
- COVID-19 vaccine billing guidance (Advisories 219, 221, 224, 231): <https://health.maryland.gov/mmcp/pap/Pages/Provider-Advisories.aspx>
- Medicaid-related Coronavirus updates: <https://health.maryland.gov>
- General questions on Coronavirus: <https://coronavirus.maryland.gov>

## Provider Advisories Updates

<https://health.maryland.gov/mmcp/pap/Pages/Provider-Advisories.aspx>

### ADVISORY 232: Concurrent use of Opioids and Medication Assisted Treatment (MAT):

In accordance with Section 1006(b) of the SUPPORT Act, the Office of Pharmacy Services implemented coverage changes for MAT drugs effective October 18, 2021. If a patient has MAT drug on file (within 45 days) and an opioid claim is adjudicated, the Point of Sale Claims Processing system would look back 30 days. If no opioid is on file, it will allow up to a 7-day supply. If there is utilization of opioids within the last 30 days, the incoming opioid claim will deny and require prior authorization (PA). Patients requiring an opioid medication for greater than 7 days while undergoing MAT will require PA. Patients will have access to MAT regardless of a history or current therapy with an opioid.

### ADVISORY 233: Hepatitis C is a bloodborne infection caused by the hepatitis C virus (HCV):

Acute hepatitis C symptoms typically appear 2-12 weeks after exposure to HCV and include fever, fatigue, dark urine or stool, abdominal pain, loss of appetite, nausea, vomiting, joint pain and jaundice. Chronic hepatitis C symptoms are less easily defined with some patients showing no symptoms at all. The CDC estimates that 2.4 million people in the U.S. are living with Hepatitis C and an estimated 50,300 acute hepatitis C cases occurred in 2018. With 7 HCV genotypes and 67 subtypes so far identified, development of a vaccine for HCV has been challenging. A great deal of progress has been made with regards to HCV treatments. Treatment regimens have been simplified and over 90% of people infected with HCV can be cured of their infection with 8-12 weeks of oral therapy. Effective November 15, 2021 Maryland Medicaid Fee-For-Service has updated the Hepatitis C Prior Authorization form, which is available at: <https://health.maryland.gov/mmcp/pap/Pages/Hepatitis-C-Therapy.aspx>, under Hepatitis C – PA form.

### ADVISORY 234: Update of Nutritional Prior Authorization (DHMH 3495) Form:

In February 2021, the Office of Pharmacy Services announced changes to Parenteral and Enteral Nutrition (PEN) products for Fee-For-Service patients, moving their coverage to the Maryland Disposable Medical supplies/Durable Medical Equipment Program, Division of Community Support Services ([Advisory 223](#)). Beginning November 18, 2021 the prior authorization form for these products has been updated and is available at: <https://health.maryland.gov/mmcp/pap/pages/Pharmacy-Program-Forms.aspx>, under Nutritional Supplement PA Forms.







ANTI-INFECTIVES	ANTI-INFECTIVES	ANTI-INFECTIVES
<b>Antibiotics, GI</b> <p><u>Preferred</u> metronidazole tablets (Flagyl) neomycin tinidazole (Tindamax) vancomycin capsules (Vancocin) Firvanq</p> <p><u>Requires Prior Authorization</u> <i>metronidazole capsules (Flagyl capsules)</i> <i>nitazoxanide tablets (Alinia)</i> <i>paromomycin</i> <i>vancomycin solution</i> <i>Diflucan cc,ql</i> <i>Solosec</i> <i>Xifaxan cc,ql</i></p>	<b>Antibiotics, Vaginal</b> <p><u>Preferred</u> clindamycin (Cleocin) metronidazole vaginal (Metrogel) Cleocin ovule Clindesse Nuvesa</p> <p><u>Requires Prior Authorization</u> <i>Vandazole</i></p>	<b>Antifungals, Topical</b> <p><u>Preferred</u> clotrimazole cream Rx, OTC clotrimazole solution OTC clotrimazole/betamethasone cream (Lotrisone) ketoconazole cream, shampoo (Nizoral) miconazole cream OTC nystatin nystatin/triamcinolone (Mycolog) terbinafine OTC tolnaftate OTC</p>
<b>Antibiotics, Inhaled</b> <p><u>Preferred</u> <i>Bethkis (Brand only) cc,ql</i> <i>Kitabis Pak (Brand only) cc,ql</i> <i>Tobi Podhaler cc,ql</i></p> <p><u>Requires Prior Authorization</u> <i>tobramycin inhalation solution (Tobi) cc,ql</i> <i>tobramycin pak (Kitabis) (generic only) cc,ql</i> <i>tobramycin solution (Bethkis) (generic only) cc,ql</i> <i>Arikayce cc,ql</i> <i>Cayston cc,ql</i></p>	<b>Antifungals, Oral</b> <p><u>Preferred</u> clotrimazole troches (Mycelex) fluconazole (Diflucan) griseofulvin suspension (GriFulvin V) ketoconazole (Nizoral) nystatin suspension, tablets terbinafine (Lamisil)</p> <p><u>Requires Prior Authorization</u> <i>flucytosine (Ancobon)</i> <i>griseofulvin tablets (Gris Peg, GriFulvin V)</i> <i>itraconazole (Sporanox)</i> <i>posaconazole (Noxafil)</i> <i>voriconazole (Vfend)</i> <i>Brexafemme</i> <i>Cresemba</i> <i>Tolsura</i></p>	<p><u>Requires Prior Authorization</u> <i>ciclopirox (Loprox, Loprox Kit, Loprox Shampoo, Penlac)</i> <i>clotrimazole solution Rx</i> <i>clotrimazole/betamethasone lotion (Lotrisone)</i> <i>econazole (Spectazole)</i> <i>ketoconazole foam (Ketodan)</i> <i>luliconazole (Luzu) cc,ql</i> <i>miconazole ointment, powder, spray OTC</i> <i>miconazole nitrate/zinc oxide/petrolatum (Vusion)</i> <i>naftifine (Naftin)</i> <i>oxiconazole cream (Oxistat)</i> <i>Alevazol OTC</i> <i>Bensal HP</i> <i>Desenex spray powder</i> <i>Ertaczo</i> <i>Exelderm</i> <i>Fungoid OTC</i> <i>Jublia</i> <i>Kerydin</i> <i>Lamisil OTC</i> <i>Lotrimin AF, Ultra OTC</i> <i>Mentax</i> <i>Oxistat lotion</i> <i>Trilociclo Kit</i></p>
<b>Antibiotics, Topical</b> <p><u>Preferred</u> bacitracin OTC gentamicin mupirocin ointment (Bactroban Ointment) neomycin/polymyxin/pramoxine OTC triple antibiotic OTC</p> <p><u>Requires Prior Authorization</u> <i>mupirocin cream (Bactroban Cream)</i> <i>Centany</i></p>		<b>Antiparasitics, Topical</b> <p><u>Preferred</u> permethrin Rx, OTC (Elimite, Acticin) piperonyl/pyrethrins OTC</p> <p><u>Requires Prior Authorization</u> <i>ivermectin (Sklice) cc,ql</i> <i>lindane shampoo cc</i> <i>malathion (Ovide) cc,ql</i> <i>spinosad (Natroba) cc,ql</i> <i>Eurax</i></p>

<b>ANTI-INFECTIVES</b>	<b>ANTI-INFECTIVES</b>	<b>ANTI-INFECTIVES</b>
<b>Antivirals, Oral</b>	<b>Fluoroquinolones, Oral</b>	<b>Macrolides/Ketolides</b>
<u><b>Preferred</b></u> acyclovir (Zovirax) oseltamivir (Tamiflu) <sup>q</sup> valacyclovir (Valtrex)	<u><b>Preferred</b></u> ciprofloxacin tablets (Cipro) levofloxacin tablets (Levaquin)	<u><b>Preferred</b></u> azithromycin (Zithromax) clarithromycin tablets (Biaxin) erythromycin base capsules DR erythromycin ethyl succinate oral suspension (EryPed, E.E.S.) Ery-Tab
<u><b>Requires Prior Authorization</b></u> famciclovir (Famvir) rimantadine (Flumadine) Relenza Sitavig Xofluza	<u><b>Requires Prior Authorization</b></u> ciprofloxacin suspension (Cipro) levofloxacin solution (Levaquin) moxifloxacin (Avelox) ofloxacin (Floxin) Baxdela	<u><b>Requires Prior Authorization</b></u> clarithromycin suspension (Biaxin) clarithromycin ER (Biaxin XL) erythromycin base tablets erythromycin ethylsuccinate tablets (EES 400) Erythrocin
<b>Antivirals, Topical</b>	<b>Hepatitis B Agents</b>	<b>Tetracyclines</b>
<u><b>Preferred</b></u> acyclovir cream (Zovirax) docosanol 10% cream (Abreva OTC)	<u><b>Preferred</b></u> entecavir (Baraclude) lamivudine HBV (Epivir HBV) Epiver HBV solution	<u><b>Preferred</b></u> doxycycline hyclate (Vibramycin) doxycycline monohydrate capsules 50mg, 100mg (Monodox) doxycycline monohydrate tablets minocycline capsules (Minocin) tetracycline (Sumycin)
<u><b>Requires Prior Authorization</b></u> acyclovir ointment (Zovirax ointment) Denavir Xerese	<u><b>Requires Prior Authorization</b></u> adefovir dipivoxil (Hepsera) Baraclude solution Vemlidy	<u><b>Requires Prior Authorization</b></u> demeclocycline (Declomycin) doxycycline hyclate DR (Doryx) doxycycline monohydrate capsules 75mg, 150mg doxycycline monohydrate suspension (Vibramycin) minocycline tablets minocycline ER (Solodyn, Ximino) Doryx MPC Morgidox Kit Nuzyra Vibramycin syrup
<b>Cephalosporins and Related Antibiotics</b>	<b>Hepatitis C Agents</b>	
<u><b>Preferred</b></u> amoxicillin/clavulanate tablets, suspension (Augmentin, Augmentin ES) cefaclor capsules (Ceclor) cefadroxil capsules (Duricef) cefdinir (Omnicef) cefprozil (Cefzil) cefuroxime tablets (Ceftin) cephalexin capsules, suspension (Keflex)	<u><b>Preferred</b></u> ribavirin (Copegus, Rebetol) sofosbuvir/velpatasvir (Epclusa) <sup>cc</sup> Mavyret <sup>cc</sup> Pegasys Vosevi <sup>cc</sup>	
<u><b>Requires Prior Authorization</b></u> amoxicillin/clavulanate chewable tablets (Augmentin) amoxicillin/clavulanate ER (Augmentin XR) cefaclor suspension, ER tablets (Ceclor, Ceclor CD) cefadroxil suspension, tablets (Duricef) cefixime capsules, suspension (Suprax) cefpodoxime (Vantin) cephalexin tablets (Keflex) Augmentin 125 suspension Suprax chewable	<u><b>Requires Prior Authorization</b></u> ledipasvir/sofosbuvir (Harvoni) <sup>cc</sup> Harvoni Pellet Pack <sup>cc</sup> Sovaldi <sup>cc</sup> Sovaldi Pellet Pack <sup>cc</sup> Viektira Pak <sup>cc</sup> Zepatier <sup>cc</sup>	



CARDIOVASCULAR	CARDIOVASCULAR	CARDIOVASCULAR
<b>Beta Blockers</b>	<b>Lipotropics, Other</b>	<b>Platelet Aggregation Inhibitors</b>
<u>Preferred</u> atenolol, atenolol/chlorthalidone (Tenormin, Tenoretic) bisoprolol (Zebeta) bisoprolol/HCTZ (Ziac) carvedilol (Coreg) labetalol (Normodyne, Trandate) metoprolol succinate XL (Toprol XL) metoprolol tartrate (Lopressor) nadolol (Corgard) propranolol (Inderal) propranolol LA (Inderal LA) sotalol, sotalol AF (Betapace, Betapace AF)	<u>Preferred</u> cholestyramine (Questran) colestipol tablets (Colestid) ezetimibe (Zetia) fenofibrate nanocrystals (Tricor) gemfibrozil (Lopid) niacin ER (Niaspan) omega-3 ethyl esters (Lovaza)	<u>Preferred</u> clopidogrel (Plavix) <sup>q1</sup> dipyridamole (Persantine) <sup>q1</sup> prasugrel (Effient) <sup>q1</sup> Brilinta <sup>q1</sup>
<u>Requires Prior Authorization</u> acebutolol ( <i>Sectral</i> ) betaxolol ( <i>Kerlone</i> ) carvedilol ER ( <i>Coreg CR</i> ) metoprolol/HCTZ ( <i>Lopressor HCT</i> ) nadolol/bendroflumethiazide ( <i>Corzide</i> ) nebirolol ( <i>Bystolic</i> ) pindolol ( <i>Visken</i> ) propranolol/ HCTZ ( <i>Inderide</i> ) timolol ( <i>Blocadren</i> ) Hemangeol Kapspargo Sotylize	<u>Requires Prior Authorization</u> colesevelam ( <i>Welchol</i> ) colestipol granules ( <i>Colestid</i> ) fenofibrate ( <i>Antara, Fenoglide, Lipofen, Lofibra, Triglide</i> ) fenofibric acid ( <i>Fibrincor, Trilipix</i> ) Evkeeza <sup>cc</sup> Juxtapid Nexletol <sup>cc,q1</sup> Nexlizet <sup>cc,q1</sup> Praluent <sup>cc,q1</sup> Repatha <sup>cc,q1</sup> Vascepa	<u>Requires Prior Authorization</u> sildenafil solution ( <i>Revatio</i> ) <sup>cc,q1</sup> Adempas Opsumit <sup>cc,q1</sup> Orenitram ER <sup>cc,q1</sup> Tracleer tablets for suspension Tyvaso <sup>cc</sup> Uptravi <sup>cc,q1</sup> Ventavis
<b>Calcium Channel Blockers</b>	<b>Lipotropics, Statins</b>	<b>PAH Agents, Oral and Inhaled</b>
<u>Preferred</u> amlodipine (Norvasc) diltiazem (Cardizem) diltiazem ER capsules (Cardizem CD, Tiazac) nifedipine ER (Adalat CC, Procardia XL) verapamil (Calan) verapamil ER tablets (Calan SR)	<u>Preferred</u> atorvastatin (Lipitor) lovastatin (Mevacor) pravastatin (Pravachol) rosuvastatin (Crestor) simvastatin (Zocor)	<u>Requires Prior Authorization</u> amlodipine/atorvastatin ( <i>Caduet</i> ) ezetimibe/simvastatin ( <i>Vytorin</i> ) fluvastatin, fluvastatin ER ( <i>Lescol, Lescol XL</i> ) Altoprev Ezallor Sprinkle Livalo Zypitamag





**ENDOCRINE****Androgenic Agents****Preferred**

testosterone gel pump (Androgel)  
Androderm <sup>cc,ql</sup>

**Requires Prior Authorization**

testosterone gel packet (Androgel)  
testosterone gel (Testim)  
testosterone gel (Vogelxo)  
testosterone gel pump (Axiron)  
testosterone gel pump (Fortesta)

**Bone Resorption Suppression and Related Agents****Preferred**

alendronate tablets (Fosamax) <sup>ql</sup>  
calcitonin salmon nasal (Miacalcin) <sup>ql</sup>

**Requires Prior Authorization**

alendronate solution  
(Fosamax Solution) <sup>ql</sup>  
ibandronate (Boniva) <sup>ql</sup>  
raloxifene (Evista) <sup>ql</sup>  
risedronate (Actonel, Atelvia) <sup>ql</sup>  
teriparatide <sup>cc,ql</sup>  
Evenity  
Forteo <sup>cc,ql</sup>  
Fosamax Plus D <sup>ql</sup>  
Prolia <sup>cc,ql</sup>  
Teriparatide <sup>cc,ql</sup>  
Tymlos <sup>cc,ql</sup>

**Growth Hormones****Preferred**

Genotropin <sup>cc</sup>  
Norditropin <sup>cc</sup>  
Nutropin AQ <sup>cc</sup>

**Requires Prior Authorization**

Humatrop <sup>cc</sup>  
Omnitrop <sup>cc</sup>  
Saizen <sup>cc</sup>  
Serostim <sup>cc</sup>  
Zomacton <sup>cc</sup>  
Zorbtive <sup>cc</sup>

**ENDOCRINE****Hypoglycemics, Incretin Mimetics and Enhancers****Preferred**

Bydureon  
Byetta  
Glyxambi <sup>cc,ql</sup>  
Janumet, Janumet XR  
Januvia  
Jentadueto  
Onglyza  
Symlin  
Tradjenta  
Trulicity  
Victoza <sup>ql</sup>

**Requires Prior Authorization**

alogliptin (Nesina)  
alogliptin/metformin (Kazano)  
alogliptin/pioglitazone (Oseni)  
Adlyxin  
Bydureon BCise  
Jentadueto XR  
Kombiglyze XR  
Ozempic  
Qtern <sup>cc,ql</sup>  
Rybelsus  
Soliqua  
Steglujan <sup>cc,ql</sup>  
Trijardy XR  
Xultophy

**ENDOCRINE****Hypoglycemics, Insulins****Preferred**

insulin aspart (Novolog)  
insulin aspart mix 70/30  
(Novolog 70/30 Mix)  
insulin lispro pen, vial (Humalog pen, vial)  
insulin lispro Junior Kwikpen  
(Humalog Junior Kwikpen)  
insulin lispro mix 75/25 pen  
(Humalog Mix 75/25 pen)  
Humalog cartridge  
Humalog Mix 50/50 pen, vial  
Humalog Mix 75/25 vial  
Humulin pen, vial  
Humulin 70/30 vial  
Humulin 500 pen, vial  
Lantus  
Levemir

**Requires Prior Authorization**

Admelog  
Afrezza  
Apidra  
Basaglar  
Fiasp  
Humalog 200 unit/ml pen  
Lyumjev  
Novolin pen, vial  
Novolin 70/30  
Semglee  
Toujeo Solostar, Toujeo Max Solostar  
Tresiba



GASTROINTESTINAL	IMMUNOLOGICS	IMMUNOLOGICS
<b>Ulcerative Colitis Agents</b> <p><u>Preferred</u></p> <p>balsalazide (Colazal) mesalamine enema (sfRowasa) sulfasalazine, sulfasalazine DR (Azulfidine, Azulfidine DR) Pentasa</p> <p><u>Requires Prior Authorization</u></p> <p>budesonide ER (Uceris) mesalamine (Lialda) mesalamine ER (Apriso) mesalamine DR (Delzicol) mesalamine HD (Asacol HD) mesalamine rectal kit (Rowasa) mesalamine rectal (Canasa) Dipentum Uceris Rectal</p>	<b>Cytokine and CAM Antagonists</b> <p><u>Preferred</u></p> <p>Enbrel Humira Otezla (Step Therapy) <sup>cc,ql</sup></p> <p><u>Requires Prior Authorization</u></p> <p>Actemra <sup>cc</sup> Arcalyst <sup>cc</sup> Avsola <sup>cc</sup> Cimzia <sup>cc</sup> Cosentyx <sup>cc</sup> Enspryng <sup>cc</sup> Entyvio <sup>cc</sup> Ilaris <sup>cc</sup> Illumya <sup>cc</sup> Inflectra <sup>cc</sup> Kevzara <sup>cc</sup> Kineret <sup>cc</sup> Olumiant <sup>cc</sup> Orencia <sup>cc,ql</sup> Remicade <sup>cc</sup> Renflexis <sup>cc</sup> Rinvoq ER <sup>cc</sup> Siliq <sup>cc</sup> Simponi, Simponi Ario <sup>cc</sup> Skyrizi <sup>cc</sup> Stelara <sup>cc,ql</sup> Taltz <sup>cc,ql</sup> Tremfya <sup>cc</sup> Uplizna <sup>cc</sup> Xeljanz tablet, solution, Xeljanz XR <sup>cc,ql</sup></p>	<b>Immunosuppressives, Oral</b> <p><u>Preferred</u></p> <p>azathioprine (Imuran) cyclosporine modified capsules, solution (Neoral) mycophenolic acid (Myfortic) mycophenolate mofetil capsules, tablets (Cellcept) sirolimus (Rapamune) tacrolimus (Prograf) Cellcept suspension (Brand only)</p> <p><u>Requires Prior Authorization</u></p> <p>cyclosporine capsules (Sandimmune) cyclosporine modified Softgel (Gengraf) everolimus (Zortress) mycophenolate mofetil suspension (generic only) Astagraf XL Envvarsus XR Prograf Granules Pack Sandimmune solution</p>

CURRENT ON COVID?



Stay up to date on the coronavirus in Maryland.

Visit the Maryland Department of Health

COVID-19 site at

<https://coronavirus.maryland.gov>

for more information.



**OPHTHALMICS****Ophthalmics, Antibiotic / Steroid Combinations****Preferred**

neomycin/polymyxin/dexamethasone (Maxitrol)  
sulfacetamide/prednisolone  
tobramycin/dexamethasone drops (Tobradex)  
Tobradex ointment

**Requires Prior Authorization**

neomycin/bacitracin/polymyxin/  
hydrocortisone  
neomycin/polymyxin/hydrocortisone  
Blephamide, Blephamide S.O.P.  
*Pred-G*  
Tobradex ST  
Zylet

**Ophthalmics, Glaucoma Agents****Preferred**

brimonidine 0.2%  
brimonidine P 0.15% (Alphagan P)  
carteolol (Ocupress)  
dorzolamide (Trusopt)  
dorzolamide/timolol (Cosopt)  
latanoprost (Xalatan)  
levobunolol (Betagan)  
pilocarpine (Pilocar)  
timolol (Timoptic, Timoptic XE)  
travoprost (Travatan Z)  
Combigan  
Rhopressa  
Rocklatan

**Requires Prior Authorization**

apraclonidine (Iopidine)  
*betaxolol*  
bimatoprost 0.03% (Lumigan)  
brinzolamide (Azopt)  
*timolol* (Istalol)  
timolol 0.5% (Timoptic Ocusole)  
**Betimol**  
Betoptic S  
Cosopt PF  
Lumigan 0.01%  
Phospholine Iodide  
Simbrinza  
Timoptic Ocusole  
Vyzulta  
Xelpros  
Zioptan

**OPHTHALMICS****Ophthalmics, Anti-Inflammatories****Preferred**

diclofenac (Voltaren)  
difluprednate (Durezol)  
fluorometholone (FML)  
ketorolac (Acular)  
prednisolone acetate (Pred Forte)  
Ilevro  
Pred Mild

**Requires Prior Authorization**

bromfenac (Xibrom)  
dexamethasone (Decadron)  
flurbiprofen (Ocuften)  
ketorolac LS (Acular LS)  
*loteprednol* (Lotemax drops, gel)  
prednisolone sodium  
Acuvail  
Bromsite  
Dextenza  
Dexycu  
Flarex  
FML Forte  
FML SOP  
Iluvien  
Inveltys  
Lotemax ointment  
Maxidex  
Nevanac  
Ozurdex  
Prolensa  
Retisert  
Triesence  
Yutiq

**Ophthalmics, Anti-Inflammatory/  
Immunomodulator****Preferred**

Restasis multidose  
Restasis single-use  
Xiidra

**Requires Prior Authorization**

Cequa  
Eysuvis

**OTIC****Otic Antibiotics****Preferred**

ciprofloxacin/dexamethasone (Ciprodex)  
neomycin/polymyxin/HC (Cortisporin)  
ofloxacin (Floxin Otic)

**Requires Prior Authorization**

ciprofloxacin  
ciprofloxacin/fluocinolone  
Cipro HC  
Cortisporin TC  
Otiprio

A 72-hour emergency supply of a non-preferred medication is available.

Pharmacists should call

**1-800-932-3918**

to request authorization  
to dispense.



**TOPICAL DERMATOLOGICS****Acne Agents, Topical****Preferred**

benzoyl peroxide OTC (except 9% cleanser)  
clindamycin (all forms except foam, lotion)  
clindamycin/benzoyl peroxide (Duac)  
tretinoin (Avita, Retin-A) <sup>cc</sup>  
Differin lotion <sup>cc</sup>

**Requires Prior Authorization**

adapalene cream, gel, solution  
(Differin) <sup>cc</sup>  
adapalene/benzoyl peroxide (Epiduo)  
benzoyl peroxide 9% cleanser OTC  
bp-10-1  
clindamycin foam, lotion  
clindamycin/benzoyl peroxide  
(Acanya, Benzacllin)  
clindamycin/tretinoin (Ziana)  
dapsone (Aczone)  
erythromycin gel, pledgets  
erythromycin/benzoyl peroxide  
(Benzamycin)  
sulfacetamide  
sulfacetamide/sulfur  
sulfacetamide/sulfur/urea  
tazarotene cream, foam  
(Fabior, Tazorac) <sup>cc</sup>  
tretinoin micro (Retin-A Micro) <sup>cc</sup>  
Acne-Free Clearing System  
Aklief  
Altreno  
Amzeeq  
Arazlo  
Avar  
Clindacin  
Differin Gel OTC  
Epiduo Forte Gel w/Pump  
Neuac  
Onexton  
Ovace  
Retin-A Micro 0.06%, 0.08%  
Sumaxin CP Kit  
Tazorac gel <sup>cc</sup>

**TOPICAL DERMATOLOGICS****Immunomodulators, Atopic Dermatitis****Preferred**

pimecrolimus (Elidel)  
tacrolimus (Protopic)  
Eucrisa

**Requires Prior Authorization**

Dupixent <sup>cc</sup>

**UROLOGIC****BPH Treatments****Preferred**

alfuzosin (Uroxatral)  
doxazosin (Cardura)  
dutasteride (Avodart)  
finasteride (Proscar)  
tamsulosin (Flomax)  
terazosin (Hytrin)

**Requires Prior Authorization**

dutasteride/tamsulosin (Jalyn)  
silodosin (Rapaflo)  
Cardura XL

**Bladder Relaxant Preparations****Preferred**

oxybutynin, oxybutynin ER (Ditropan, Ditropan XL)  
solifenacin (Vesicare)  
Toviaz

**Requires Prior Authorization**

darifenacin ER (Enablex)  
flavoxate  
tolterodine, tolterodine ER  
(Detrol, Detrol LA)  
trospium, trospium ER  
(Sanctura, Sanctura XR)  
Gelnique  
Myrbetriq, Myrbetriq granules  
Oxytrol  
Vesicare LS



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## OFFICE OF PHARMACY SERVICES

300 West Preston Street  
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## CONTACT NUMBERS

- ◆ Conduent Technical Assistance  
800-932-3918  
24 hours a day, 7 days a week
- ◆ Maryland Medicaid  
Pharmacy Access Hotline  
800-492-5231 (option three)  
Monday-Friday, 8:00 am - 5:00 pm
- ◆ Kidney Disease Program  
410-767-5000 or 5002  
Monday-Friday, 8:00 am - 5:00 pm
- ◆ Breast and Cervical Cancer  
Diagnosis and Treatment  
410-767-6787  
Monday-Friday, 8:00 am - 4:30 pm
- ◆ Maryland AIDS Drug  
Assistance Program  
410-767-6535  
Monday-Friday, 8:30 am - 4:30 pm

## Atypical Antipsychotic Agents: 30-day Emergency Supply

When the prescriber is not available to obtain prior authorization for an antipsychotic medication that is non-preferred or second tier, the pharmacist can obtain a one-time only authorization to dispense up to a 30-day emergency supply. Do not let patients leave the pharmacy without medication if there is concern that the patient will be unwilling or unable to return at a later time that day after prior authorization is approved. To obtain authorization for an emergency supply of an antipsychotic, call Conduent Technical Assistance at 800-932-3918. During the 30-day window, the pharmacist must notify the prescriber of the need to obtain a PA before the prescription can be filled a second time and make a note for his or her records of the date, time and person contacted at the prescriber's office.



## Tier 2 and Non-Preferred Antipsychotic Review Process

All claims for Tier 2 or non-preferred antipsychotics for patients age 18 or older require authorization. The claim will deny at point of service and will not process. An electronic message will display on your system with instructions as to how to proceed. More information on the Peer Review Program, including prior authorization forms, can be found at <https://health.maryland.gov/mmc/pap/Pages/Antipsychotics-Review-Programs.aspx>.